



## Start the Conversation: **Immigration & Refuge** Resource Guide

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### Articles & Programs

#### **InfoAboutKids.org**

##### **[How to Talk to Your Child about Immigration](#)**

*This article explores different facts for talking to children about immigration. It provides talking points, steps and resources for children from immigrant-origin, undocumented or mixed status families, refugee children and folks without immigrant identities. The article also provides resources for family safety plans and workbooks to support children impacted by deportation in both Spanish and English.*

#### **OnlineMSWPrograms.com**

##### **[60 Resources for Supporting Immigrant and Refugee Communities](#)**

*This resource guide shares a wide range of resources for immigrant and refugee communities and people supporting these communities. The guide is sectioned into six parts: Education, Employment, Health, Housing and Resettlement, Legal and Safety. This source contains great resources for educators.*

#### **EmbraceRace**

##### **[Realities Facing Children in Undocumented and Mixed-Status Families](#)**

*In this conversation expert guest Dr. Cinthya Chin Herrera (child & family psychologist and immigrant) and the EmbraceRace team discuss the realities facing undocumented and mixed-status families in the United States. The conversation provides insight and perspective on a range of immigrant experiences in the U.S. and gives many educator tips and resources. This conversation was conducted during the Trump administration.*

##### **[An End to DACA: Helping Children Manage Stress and Anxiety](#)**

*In this interview with Dr. Lisa Gutierrez Wang, the expert discusses ways to support young people who may have been affected by the Trump Administration's attempt to end DACA (Deferred Action for Childhood Arrivals). Although DACA was officially restored by the Supreme Court in 2020, the techniques outlined in this article can be useful for other conversations about immigration with young children.*



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**Greater Good Science Center at UC Berkeley**

### [Why Children Need to Hear Refugee Stories](#)

*This article explores a new study that suggests, “to support refugee children, it’s important—and possible—to improve how they’re perceived by the children in their host country. More specifically, the two psychologists leading the study wanted to see if fostering empathy among kids can improve their attitudes and behavior toward refugees”.*

**National Association for the Education of Young Children**

### [Welcoming Refugee Children into Early Childhood Classrooms](#)

*This article gives educators tips on how to welcome refugee students into a new classroom. Many of the techniques described in this article are applicable to welcoming any new student to the room including children with immigrant experiences.*

**The Trauma-Informed Toolkit for Educators**

### [The Trauma-Informed Toolkit for Educators](#)

*The Trauma-Informed Toolkit for Educators is designed to provide educators with a deeper understanding of trauma and its effects on childhood development, while offering a set of tools to help create supportive, healing centered, trauma-informed environments where students can grow. This resource can help educators support students who may have experienced or are experiencing trauma due to immigration or refugee experiences.*

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## Immigrant and Refugee Resources in New York City

### [CAMBA](#)

CAMBA is a non-profit agency that provides services that connect people with opportunities to enhance their quality of life including housing stability, youth education & development, family support, health and job development. More than half of the clients they serve are immigrants and refugees around the globe. (Located in Brooklyn, NY)

### [Cabrin Immigrant Services NYC](#)



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Cabrini Immigrant Services of NYC (CIS-NYC) provides essential services to immigrants. Their mission is to empower immigrants, their families and their communities through education, access to essential services, civic participation and community building. (Located in Manhattan, NY - Serves all Five Boroughs)

### [The Legal Aid Society NYC](#)

The Legal Aid Society works throughout New York City to ensure everyone has access to justice. Our expert teams work across practice areas on nearly every area of law that impacts New Yorkers. (Located in Manhattan, NY - Serves all Five Boroughs)

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## Recommended Children's Books & Book Lists

*Featuring Immigrant and Refugee Narratives and themes of arriving in new places, change, hopes and dreams.*

### For Children

- [47 of the Best Immigration Books for the Classroom](#)
- [11 Books Featuring Refugee Experiences](#)

### Other Recommendations...

- *Dreamers* by Yuji Morales
- *What is a Refugee?* by Elise Gravel
- *A Different Pond* by Bao Phi
- *Island Born* by Junot Diaz
- *Lost and Found Cat* by Doug Kunt
- *My Wounded Island* by Jacques Pasquet

### For Grown-Ups

- [25 Books About Immigration](#)
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## Podcasts

*\*all podcasts can be found on Spotify, Apple Podcasts and other free internet sites via Google*

**Immigrantly** - Saadia Khan

**Modern Immigrant** - Vero

**Immigration Nation** - Studio Americana

**Resettled** - VPM



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**Beginner** - Misha Euceph

**My Immigrant Life**

**Mosaic** - The Public's Radio

**America's Dreamers** - America Arias

**Broadcasts from the Border** - Stories  
from the Border

[Other Podcast Resources](#)