



Barbara Zinn Krieger, Founder
and Artistic Director

Forest of Feelings Scavenger Hunt!

Let's explore what we saw in the show with a scavenger hunt!

At first, our friend thinks hard is a feeling! Can you find something **hard**?

We did a sun dance to get energized! Can you find something **yellow** like the sun?

Then we heard a laugh! Can you find something that's **funny**?

Turns out, the laugh was sad because it was lost. Can you find something that **makes you feel better** when you're sad?

Our friends decided to return the lost laugh to the forest of feelings! Can you find something that **you lost (or thought you lost)** but found?

First, we must go across the water to get to the forest. Can you find something **blue** like water?

Thankfully, we learn how to make a boat with our bodies to get across the water. Can you find something that **floats** like a boat?

When we get to the forest we can see all of the tall trees. Can you find something or someone that is **tall** like a tree?

During the rainstorm we hear thunder! Can you find something **loud** like thunder?

Once the laugh is returned to the forest, we get to rest! Can you find something **soft** to rest your head on?

BONUS!

We created a rainbow of emotions! Can you find one item that is **every color of the rainbow**?